

10km

Rank		Gen-Sex-Cat	Gender	BIB	Name	YOB	Club	Finish	2500m	5000m	7500m	Finish
Gen-Sex-Cat	Gender											
1	1, 1	Male	3028	ΑΘΑΝΑΣΙΟΣ ΜΑΚΡΥΓΙΑΝΝΗΣ	-		0:35:17.523 (00:08:43)	00:08:47,10	0:17:29.883 (00:08:42)	0:26:33.837 (00:09:03)	0:35:17.523 (00:08:43)	
2	2, 2	Male	3034	ΘΑΝΑΣΗΣ ΠΑΓΟΥΝΑΔΗΣ	-	ΠΑΓΟΥΛΙΑΣ	0:37:40.380 (00:09:08)	00:09:30,08	0:19:05.490 (00:09:35)	0:28:32.070 (00:09:26)	0:37:40.380 (00:09:08)	
3	3, 3	Male	3010	ΝΙΚΟΣ ΧΑΡΠΑΝΤΙΔΗΣ	1995		0:43:04.327 (00:10:35)	00:10:15,60	0:21:11.930 (00:10:56)	0:32:28.873 (00:11:16)	0:43:04.327 (00:10:35)	
4	4, 4	Male	3007	ΝΙΚΟΣ ΠΑΝΑΓΙΩΤΟΠΟΥΛΟΣ	1995		0:43:55.473 (00:11:26)	00:10:15,51	0:21:11.907 (00:10:56)	0:32:28.803 (00:11:16)	0:43:55.473 (00:11:26)	
5	5, 5	Male	3006	ΑΘΑΝΑΣΙΟΣ ΠΑΛΛΙΟΛΟΓΟΣ	1982		0:44:48.233 (00:11:08)	00:09:54,22	0:21:33.703 (00:11:39)	0:33:40.197 (00:12:06)	0:44:48.233 (00:11:08)	
6	6, 6	Male	3030	ΓΕΩΡΓΙΟΣ ΠΑΠΠΑΣ	-		0:44:59.757 (00:10:58)	00:11:43,40	0:22:58.110 (00:11:14)	0:34:01.463 (00:11:03)	0:44:59.757 (00:10:58)	
7	7, 7	Male	3029	ΑΘΑΝΑΣΙΟΣ ΑΥΓΗΤΙΔΗΣ	-		0:45:31.210 (00:11:18)	00:11:47,95	0:22:57.257 (00:11:09)	0:34:12.903 (00:11:15)	0:45:31.210 (00:11:18)	
8	8, 8	Male	3015	ΓΙΩΡΓΟΣ ΜΠΛΕΤΣΑΣ	1982		0:47:31.593 (00:11:53)	00:12:04,58	0:23:54.677 (00:11:50)	0:35:38.253 (00:11:43)	0:47:31.593 (00:11:53)	
9	9, 9	Male	3003	ΚΥΡΙΑΚΟΣ ΓΟΥΒΑΙΛΗΣ	1985	URSA TEAM ΜΕΤΣΟΒΟ ΑΠΟΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	0:48:17.977 (00:12:40)	00:11:24,07	0:23:21.803 (00:11:57)	0:35:36.980 (00:12:15)	0:48:17.977 (00:12:40)	
10	10, 10	Male	3027	ΑΝΑΣΤΑΣΙΟΣ ΑΦΡΑΤΗΣ	-		0:48:47.023 (00:12:36)	00:11:07,02	0:23:31.067 (00:12:24)	0:36:10.917 (00:12:39)	0:48:47.023 (00:12:36)	
11	11, 11	Male	3026	ΓΕΩΡΓΙΟΣ ΜΑΤΡΑΚΗΣ	-		0:49:56.243 (00:12:17)	00:12:20,65	0:25:07.180 (00:12:46)	0:37:38.847 (00:12:31)	0:49:56.243 (00:12:17)	
12	12, 12	Male	3025	ΛΕΩΝΙΔΑΣ ΚΑΤΣΑΡΕΛΙΑΣ	-		0:52:12.960 (00:11:37)	00:13:15,57	0:26:37.823 (00:13:22)	0:40:35.447 (00:13:57)	0:52:12.960 (00:11:37)	
13	13, 13	Male	3004	ΑΠΟΣΤΟΛΗΣ ΚΥΡΑΝΑΣ	1978		0:52:53.260 (00:12:50)	00:13:44,32	0:26:56.340 (00:13:12)	0:40:02.850 (00:13:06)	0:52:53.260 (00:12:50)	
14	14, 14	Male	3014	ΝΙΚΟΛΑΟΣ ΒΟΥΔΟΥΡΗΣ	1966		0:53:13.040 (00:13:11)	00:13:08,88	0:26:21.077 (00:13:12)	0:40:01.267 (00:13:40)	0:53:13.040 (00:13:11)	
15	1, 15	Female	3008	ΡΕΝΑ ΠΑΠΑΔΟΠΟΥΛΟΥ	1966	ΤΡ	0:55:25.053 (00:14:31)	00:13:15,23	0:26:39.920 (00:13:24)	0:40:53.103 (00:14:13)	0:55:25.053 (00:14:31)	
16	15, 16	Male	3005	ΙΩΑΝΝΗΣ ΛΟΥΚΑΣ	1968	ΤΡ ΓΣ ΒΕΛΟΣ ΠΑΛΛΙΟΥ ΦΑΛΗΡΟΥ	0:55:25.520 (00:14:32)	00:13:15,57	0:26:40.337 (00:13:24)	0:40:52.693 (00:14:12)	0:55:25.520 (00:14:32)	
17	16, 17	Male	3013	ΠΟΥΛΚΑΡΠΟΣ ΚΑΡΑΜΟΥΖΗΣ	1976		0:55:25.960 (00:14:50)	00:13:08,99	0:26:38.630 (00:13:29)	0:40:35.850 (00:13:57)	0:55:25.960 (00:14:50)	
18	17, 18	Male	3020	ΡΑΝΑΓΙΩΤΗΣ ΚΑΤΡΙΣΙΟΣΙΣ	1977		0:55:59.857 (00:14:01)	00:13:17,45	0:27:16.737 (00:13:59)	0:41:58.397 (00:14:41)	0:55:59.857 (00:14:01)	
19	18, 19	Male	3009	ΔΗΜΗΤΡΙΟΣ ΦΩΤΕΙΝΟΣ	1974		0:59:05.380 (00:16:01)	00:13:11,85	0:27:38.077 (00:14:26)	0:43:03.940 (00:15:25)	0:59:05.380 (00:16:01)	
20	2, 20	Female	3018	ΜΑΡΙΑ ΔΡΙΤΣΑ	1966		0:59:34.190 (00:15:21)	00:14:23,35	0:28:56.350 (00:14:32)	0:44:13.120 (00:15:16)	0:59:34.190 (00:15:21)	
21	19, 21	Male	3012	ΚΩΝΣΤΑΝΤΙΝΟΣ ΓΕΩΡΓΙΟΥ	1968		0:59:50.473 (00:14:39)	00:14:50,80	0:29:55.887 (00:15:05)	0:45:11.383 (00:15:15)	0:59:50.473 (00:14:39)	
22	20, 22	Male	3022	ΒΑΣΙΛΕΙΟΣ ΤΡΙΚΚΑΣ	1995		0:59:50.473 (00:14:39)	00:14:50,41	0:29:56.397 (00:15:05)	0:45:11.383 (00:15:14)	0:59:50.473 (00:14:39)	
23	21, 23	Male	3011	ΙΩΑΝΝΗΣ ΛΑΜΠΡΟΥ	1981		0:59:50.497 (00:14:38)	00:14:50,84	0:29:55.887 (00:15:05)	0:45:11.830 (00:15:15)	0:59:50.497 (00:14:38)	
24	22, 24	Male	3021	ΣΤΥΡΟΣ ΔΑΥΡΗΣ	1974	ΑΛΙΑΡΤΙΣΤΑΣ RUNNING TEAM	1:04:45.560 (00:14:40)	00:16:10,45	0:32:24.027 (00:16:13)	0:50:04.570 (00:17:40)	1:04:45.560 (00:14:40)	
25	23, 25	Male	3016	ΔΗΜΗΤΡΗΣ ΒΟΥΡΛΟΣ	1973		1:06:44.837 (00:17:26)	00:15:18,38	0:31:56.710 (00:16:38)	0:49:18.393 (00:17:21)	1:06:44.837 (00:17:26)	
26	24, 26	Male	3023	ΕΥΑΓΓΕΛΟΣ ΘΕΟΔΟΥΛΙΔΗΣ	-		1:06:45.223 (00:17:26)	00:15:18,35	0:31:56.297 (00:16:37)	0:49:18.840 (00:17:22)	1:06:45.223 (00:17:26)	
27	25, 27	Male	3024	ΒΑΣΙΛΕΙΟΣ ΣΜΠΙΛΙΔΗΣ	-		1:06:45.687 (00:17:27)	00:15:18,42	0:31:55.480 (00:16:37)	0:49:17.980 (00:17:22)	1:06:45.687 (00:17:27)	
28	26, 28	Male	3019	ΔΗΜΗΤΡΙΟΣ ΤΡΙΑΝΤΑΦΥΛΛΟΥ	1967	ΑΛΙΑΡΤΙΣΤΑΣ	1:06:49.523 (00:17:44)	00:14:33,84	0:31:31.100 (00:16:57)	0:49:04.617 (00:17:33)	1:06:49.523 (00:17:44)	
29	3, 29	Female	3031	ΔΙΟΝΥΣΙΑ ΝΤΑΡΛΑ	-		1:10:19.930 (00:18:04)	00:16:07,38	0:34:08.337 (00:18:00)	0:52:15.163 (00:18:06)	1:10:19.930 (00:18:04)	
30	4, 30	Female	3033	ΕΛΕΝΗ ΜΥΡΟΥ	-		1:13:36.647 (00:19:07)	00:16:54,33	0:35:27.997 (00:18:33)	0:54:28.903 (00:19:00)	1:13:36.647 (00:19:07)	
31	5, 31	Female	3032	ΧΡΥΣΑ ΜΠΙΡΜΠΑ	-		1:13:38.197 (00:19:08)	00:16:54,33	0:35:28.057 (00:18:33)	0:54:29.400 (00:19:01)	1:13:38.197 (00:19:08)	