

Rank		Gen-Sex-	Cat	Gender	BIB	Name	YOB	Club	2500m	5000m	7500m	Finish
1	1, 1, 1	Male	3051	ΝΙΚΟΔΗΜΟΣ ΝΙΚΟΛΑΚΕΑΣ	1996			00:08:04,95	0:16:18.777 (00:08:13)	0:24:33.570 (00:08:14)	0:32:36.687 (00:08:03)	
2	2, 2, 2	Male	3090	ΣΤΑΥΡΟΣ ΓΚΙΝΗΣ	-			00:08:05,76	0:16:18.327 (00:08:12)	0:24:38.000 (00:08:19)	0:32:58.287 (00:08:20)	
3	3, 3, 3	Male	3032	ΝΙΚΟΣ ΡΟΔΟΠΟΥΛΟΣ	1974	FEIDIPPIDHS		00:08:14,28	0:16:49.240 (00:08:34)	0:25:47.623 (00:08:58)	0:34:12.093 (00:08:24)	
4	4, 4, 4	Male	3080	ΓΑΒΡΙΗΛ ΜΑΚΡΥΔΑΚΗΣ	-	Kalamata Running Project		00:08:06,59	0:16:47.203 (00:08:40)	0:25:48.030 (00:09:00)	0:34:15.593 (00:08:27)	
5	5, 5, 5	Male	3091	ΑΛΕΞΑΝΔΡΟΣ ΤΖΟΥΜΑΚΑΣ	-			00:08:43,80	0:17:19.390 (00:08:35)	0:26:00.343 (00:08:40)	0:34:30.810 (00:08:30)	
6	1, 6	Female	3089	ΣΟΦΙΑ ΡΗΓΑ	-			00:08:54,55	0:17:53.767 (00:08:59)	0:26:53.313 (00:08:59)	0:35:59.750 (00:09:06)	
7	6, 7	Male	3092	ΑΧΙΛΛΕΑΣ ΓΙΑΝΝΟΥΛΑΣ	-			00:08:54,55	0:17:53.793 (00:08:59)	0:27:00.910 (00:09:07)	0:36:06.257 (00:09:05)	
8	7, 8	Male	3040	ΔΡΟΣΟΣ ΓΙΩΡΓΟΣ	1982			00:09:12,39	0:18:45.893 (00:09:33)	0:28:24.537 (00:09:38)	0:37:38.623 (00:09:14)	
9	8, 9	Male	3048	ΔΗΜΗΤΡΙ ΚΟΝΟΜΙ	1971			00:09:29,52	0:19:01.137 (00:09:31)	0:28:41.903 (00:09:40)	0:38:24.157 (00:09:42)	
10	9, 10	Male	3036	ΚΩΣΤΑΣ ΒΑΝΔΩΡΟΣ	1963	TOP FORM CITY		00:09:44,21	0:19:33.200 (00:09:48)	0:29:40.907 (00:10:07)	0:39:36.247 (00:09:55)	
11	10, 11	Male	3016	ΠΑΝΑΓΙΩΤΗΣ ΚΥΡΙΑΚΟΠΟΥΛΟΣ	1985			00:09:25,06	0:19:15.423 (00:09:50)	0:29:26.753 (00:10:11)	0:39:41.997 (00:10:15)	
12	11, 12	Male	3081	ΣΠΥΡΟΣ ΦΩΤΑΚΗΣ	-	Kalamata Running Project		00:09:55,48	0:20:15.647 (00:10:20)	0:30:33.000 (00:10:17)	0:40:44.183 (00:10:11)	
13	12, 13	Male	3059	ΓΕΩΡΓΙΟΣ ΜΠΟΥΡΛΗΣ	1974			00:10:17,65	0:20:14.833 (00:09:57)	0:30:41.997 (00:10:27)	0:41:12.627 (00:10:30)	
14	13, 14	Male	3038	ΣΤΑΥΡΟΣ ΓΙΑΝΝΑΚΟΠΟΥΛΟΣ	1986	Σ.Μ.ΑΧ. ΦΕΙΔΙΠΠΙΔΗΣ		00:11:08,09	0:21:48.327 (00:10:40)	0:31:59.687 (00:10:11)	0:41:36.373 (00:09:36)	
15	14, 15	Male	3057	ΠΑΝΑΓΙΩΤΗΣ ΜΗΤΡΟΥΛΙΑΣ	1974			00:10:17,23	0:20:16.053 (00:09:58)	0:30:41.997 (00:10:25)	0:41:36.820 (00:10:54)	
16	15, 16	Male	3093	ΦΩΤΗΣ ΚΟΝΔΡΑΛΗΣ	-			00:10:12,30	0:20:47.387 (00:10:35)	0:31:35.697 (00:10:48)	0:42:02.440 (00:10:26)	
17	16, 17	Male	3066	ΓΕΩΡΓΙΟΣ ΣΒΑΡΝΑΣ	1965	ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΝΟΜΟΥ ΛΑΡΙΣΑΣ		00:10:21,83	0:20:50.110 (00:10:28)	0:31:37.847 (00:10:47)	0:42:02.540 (00:10:24)	
18	17, 18	Male	3046	ΑΘΑΝΑΣΙΟΣ ΚΑΒΟΥΡΑΣ	1978	Σ.Μ.ΑΧ. ΦΕΙΔΙΠΠΙΔΗΣ		00:11:08,58	0:21:48.293 (00:10:39)	0:32:19.377 (00:10:31)	0:42:29.690 (00:10:10)	
19	18, 19	Male	3074	ΠΑΝΑΓΙΩΤΗΣ ΠΑΝΤΑΖΗΣ	-	Kalamata Running Project		00:10:02,56	0:20:36.170 (00:10:33)	0:31:53.090 (00:11:16)	0:42:54.007 (00:11:00)	
20	19, 20	Male	3055	ΕΥΑΓΓΕΛΟΣ ΜΑΡΟΥΛΗΣ	1963			00:11:12,61	0:21:56.457 (00:10:43)	0:32:31.383 (00:10:34)	0:42:55.340 (00:10:23)	
21	20, 21	Male	3058	ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΠΑΛΑΜΑΤΣΙΑΣ	1994	RUNNING TEAM OF UNIVERSITY OF IOANNINA		00:10:00,76	0:20:26.620 (00:10:25)	0:31:47.467 (00:11:20)	0:42:58.443 (00:11:10)	
22	21, 22	Male	3017	ΑΝΔΡΕΑΣ ΛΑΛΙΩΤΗΣ	1983	ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ		00:11:09,04	0:21:50.140 (00:10:41)	0:32:48.097 (00:10:57)	0:43:39.163 (00:10:51)	
23	22, 23	Male	3062	ΦΩΤΗΣ ΝΤΙΝΟΥ	1984	ΑΤΟΜΙΚΟ		00:11:00,67	0:21:52.327 (00:10:51)	0:32:59.253 (00:11:06)	0:43:40.813 (00:10:41)	
24	23, 24	Male	3034	ΓΙΩΡΓΟΣ ΜΑΤΙΣ	1982			00:10:15,77	0:21:36.490 (00:11:20)	0:33:00.353 (00:11:23)	0:43:44.697 (00:10:44)	
25	24, 25	Male	3079	ΓΙΑΝΝΗΣ ΧΑΝΝΑΣ	-	Kalamata Running Project		00:10:03,20	0:21:18.550 (00:11:15)	0:32:47.653 (00:11:29)	0:43:56.630 (00:11:08)	
26	25, 26	Male	3049	ΔΗΜΗΤΡΗΣ ΚΡΙΓΚΟΣ	1998			00:12:10,48	0:22:48.977 (00:10:38)	0:33:47.007 (00:10:58)	0:44:05.197 (00:10:18)	
27	26, 27	Male	3041	ΓΕΩΡΓΙΟΣ ΚΟΛΟΚΟΤΣΑΣ	1981			00:10:11,24	0:21:14.177 (00:11:02)	0:32:48.967 (00:11:34)	0:44:07.997 (00:11:19)	
28	27, 28	Male	3082	ΒΑΣΙΛΗΣ ΝΤΟΥΣΚΟΣ	-			00:10:54,20	0:21:58.110 (00:11:03)	0:33:04.353 (00:11:06)	0:44:18.667 (00:11:14)	
29	28, 29	Male	3030	ΙΩΑΝΝΗΣ ΧΟΝΔΡΟΓΙΑΝΝΗΣ	1978	ΑΝΕΞΑΡΤΗΤΟΣ		00:10:53,43	0:21:58.827 (00:11:05)	0:33:13.033 (00:11:14)	0:44:21.133 (00:11:08)	
30	29, 30	Male	3064	ΧΡΙΣΤΟΔΟΥΛΟΠΟΥΛΟΣ	1978			00:11:32,67	0:22:35.687 (00:11:03)	0:33:44.373 (00:11:08)	0:44:48.250 (00:11:03)	
31	30, 31	Male	3002	ΔΟΞΗΣ ΜΗΛΙΔΑΚΗΣ	1978			00:11:25,67	0:22:59.780 (00:11:34)	0:34:26.760 (00:11:26)	0:45:24.403 (00:10:57)	
32	31, 32	Male	3077	ΘΑΝΟΣ ΝΙΚΗΤΟΠΟΥΛΟΣ	-	Kalamata Running Project		00:10:59,39	0:22:45.813 (00:11:46)	0:34:47.877 (00:12:02)	0:46:07.623 (00:11:19)	
33	32, 33	Male	3054	ΜΑΡΙΟΣ ΜΑΡΟΥΔΑΣ	1991	ΣΔΥ ΠΑΤΡΑΣ		00:10:57,30	0:22:31.753 (00:11:34)	0:34:32.593 (00:12:00)	0:46:20.007 (00:11:47)	
34	33, 34	Male	3073	ΓΙΩΡΓΟΣ ΞΗΡΟΓΙΑΝΝΗΣ	-	Kalamata Running Project		00:11:01,46	0:22:45.813 (00:11:44)	0:34:47.760 (00:12:01)	0:46:47.313 (00:11:59)	
35	34, 35	Male	3063	ΙΩΑΝΝΗΣ ΔΕΠΟΥΝΤΗΣ	1972	DAILY MARKET		00:11:19,79	0:23:14.907 (00:11:55)	0:35:15.377 (00:12:00)	0:46:50.310 (00:11:34)	
36	2, 36	Female	3024	ΒΑΣΙΛΙΚΗ ΠΑΝΑΓΟΠΟΥΛΟΥ	1967	SCIENCETRAINING.GR		00:11:29,72	0:23:26.870 (00:11:57)	0:35:22.560 (00:11:55)	0:46:58.943 (00:11:36)	
37	35, 37	Male	3086	ΧΡΗΣΤΟΣ ΜΗΛΙΤΣΟΠΟΥΛΟΣ	-			00:10:50,31	0:22:44.627 (00:11:54)	0:35:13.943 (00:12:29)	0:47:17.967 (00:12:04)	
38	36, 38	Male	3039	ΒΑΣΙΛΗΣ / VASILIS ΓΙΑΝΝΑΡΟΣ/	1982	ΓΙΑΝΝΑΡΟΣ		00:11:30,18	0:23:02.563 (00:11:32)	0:35:13.560 (00:12:10)	0:47:24.810 (00:12:11)	
39	37, 39	Male	3047	ΑΝΔΡΕΑΣ ΚΑΛΟΓΕΡΟΠΟΥΛΟΣ	1987			00:11:47,77	0:23:32.600 (00:11:44)	0:35:38.280 (00:12:05)	0:47:26.747 (00:11:48)	
40	38, 40	Male	3084	ΓΙΑΝΝΗΣ ΚΑΤΣΑΣ	-			00:12:00,36	0:23:55.500 (00:11:55)	0:35:54.447 (00:11:58)	0:47:44.947 (00:11:50)	
41	39, 41	Male	3085	ΣΠΥΡΟΣ ΣΠΑΓΔΩΡΟΣ	-			00:11:29,36	0:23:28.877 (00:11:59)	0:36:05.747 (00:12:36)	0:48:28.780 (00:12:23)	
42	40, 42	Male	3035	ΓΡΗΓΟΡΗΣ ΠΑΠΑΔΟΠΟΥΛΟΣ	1981			00:12:01,40	0:24:19.787 (00:12:18)	0:36:30.403 (00:12:10)	0:48:42.317 (00:12:11)	
43	41, 43	Male	3011	ΤΗΛΕΜΑΧΟΣ ΚΑΝΕΛΟΠΟΥΛΟΣ	1966			00:12:16,21	0:24:44.527 (00:12:28)	0:37:18.600 (00:12:34)	0:49:40.373 (00:12:21)	
44	42, 44	Male	3083	ΓΕΩΡΓΙΟΣ ΤΑΓΚΑΛΗΣ	-			00:12:41,36	0:25:05.723 (00:12:24)	0:37:41.040 (00:12:35)	0:50:36.160 (00:12:55)	
45	3, 45	Female	3056	ΦΩΤΕΙΝΗ ΜΗΤΡΟΠΟΥΛΟΥ	1990	ΣΔΥ ΠΑΤΡΑΣ		00:11:54,52	0:24:43.320 (00:12:48)	0:37:48.407 (00:13:05)	0:50:37.040 (00:12:48)	
46	43, 46	Male	3004	ΚΟΣΤΑΣ ΚΟΝΣΤΑΝΤΙΣ	1967	S D PREVEZAS		00:12:21,58	0:25:10.257 (00:12:48)	0:38:11.223 (00:13:00)	0:51:02.537 (00:12:51)	
47	4, 47	Female	3031	ΑΝΑΣΤΑΣΙΑ ΧΡΙΣΤΟΔΟΥΛΟΠΟΥΛΟΥ	1983			00:12:03,05	0:25:02.687 (00:12:59)	0:38:10.757 (00:13:08)	0:51:03.527 (00:12:52)	
48	44, 48	Male	3075	ΣΠΥΡΙΔΩΝ ΚΟΤΣΑΛΙΔΗΣ	-			00:11:50,08	0:24:41.750 (00:12:51)	0:38:38.443 (00:13:56)	0:52:11.197 (00:13:32)	
49	45, 49	Male	3053	ΔΙΟΝΥΣΙΟΣ ΜΠΑΛΑΣΗΣ	1983	ΦΙΛΟΙ ΤΗΣ ΠΑΡΑΔΟΣΗΣ		00:12:49,31	0:25:50.220 (00:13:00)	0:39:22.627 (00:13:32)	0:52:27.413 (00:13:04)	
50	5, 50	Female	3071	ΧΡΥΣΑΝΘΗ ΤΡΑΝΤΖΑ	1984			00:12:39,46	0:25:43.473 (00:13:04)	0:39:10.380 (00:13:26)	0:52:28.967 (00:13:18)	
51	46, 1	Male	3045	ΙΩΑΝΝΗΣ ΛΟΥΒΗΣ	1982			00:12:46,70	0:26:10.373 (00:13:23)	0:39:48.600 (00:13:38)	0:53:04.467 (00:13:15)	
52	47, 51	Male	3068	ΙΩΑΝΝΗΣ ΣΠΗΛΙΟΠΟΥΛΟΣ	1979	ΑΝΕΞΑΡΤΗΤΟΣ		00:12:48,48	0:26:04.153 (00:13:15)	0:39:35.030 (00:13:30)	0:53:05.280 (00:13:30)	
53	48, 52	Male	3044	ΘΕΟΦΑΝΗΣ ΖΑΓΟΥΡΑΣ	1974	ΑΝΕΞΑΡΤΗΤΟΣ		00:13:25,79	0:26:59.447 (00:13:33)	0:40:36.910 (00:13:37)	0:53:16.907 (00:12:39)	
54	49, 53	Male	3070	ΓΕΩΡΓΙΟΣ ΤΖΙΟΥΚΑΣ	1979	Σ.Μ.ΑΧ. ΦΕΙΔΙΠΠΙΔΗΣ		00:12:47,08	0:26:05.967 (00:13:18)	0:39:53.417 (00:13:47)	0:53:39.123 (00:13:45)	
55	50, 54	Male	3069	ΧΑΡΑΛΑΜΠΟΣ ΣΤΑΥΛΙΩΤΗΣ	1985			00:14:45,24	0:28:34.003 (00:13:48)	0:41:26.823 (00:12:52)	0:54:07.907 (00:12:41)	
56	51, 55	Male	3060	ΝΙΚΟΣ ΝΙΚΑΣ	1990	ERIMITZIDES		00:13:48,71	0:27:43.527 (00:13:54)	0:41:22.570 (00:13:39)	0:54:24.753 (00:13:02)	
57	52, 56	Male	3065	ΘΩΜΑΣ ΡΕΠΑΝΤΗΣ	1976			00:12:40,90	0:26:33.160 (00:13:52)	0:40:58.563 (00:14:25)	0:54:39.723 (00:13:41)	
58	53, 57	Male	3018	ΧΑΡΙΑΛΟΣ ΜΕΛΙΣΣΑΡΟΠΟΥΛΟΣ	1979	ΖΕΥΣΗ		00:13:32,15	0:27:25.097 (00:13:52)	0:40:59.467 (00:13:34)	0:54:41.560 (00:13:42)	
59	54, 58	Male	3005	ΣΠΥΡΟΣ ΚΟΝΤΟΣ	1987	INDEPENDENT		00:13:06,39	0:26:53.313 (00:13:46)	0:41:08.310 (00:14:14)	0:55:06.843 (00:13:58)	
60	55, 59	Male	3007	ΚΩΝΣΤΑΝΤΙΝΟΣ ΒΑΡΔΑΚΑΣΤΑΝΗΣ	1980	VLACHOS ENERGY		00:13:10,08	0:26:50.810 (00:13:40)	0:41:09.153 (00:14:18)	0:55:12.623 (00:14:03)	
61	56, 60	Male	3097	ΠΑΝΑΓΙΩΤΗΣ ΒΛΑΧΟΣ	-			00:14:19,36	0:28:32.570 (00:14:13)	0:42:30.967 (00:13:58)	0:56:21.997 (00:13:51)	

10km

62 , 57 , 61	Male	<b>3052</b>	ΙΩΑΝΝΗΣ ΛΙΒΑΘΙΝΟΣ	1994		<b>00:14:18,54</b>	0:29:02.187 (00:14:43)	0:42:53.160 (00:13:50)	0:56:33.877 (00:13:40)
63 , 58 , 62	Male	<b>3022</b>	ΔΗΜΗΤΡΙΟΣ ΝΙΚΟΛΕΤΣΕΑΣ	1970		<b>00:13:32,58</b>	0:28:00.247 (00:14:27)	0:42:42.407 (00:14:42)	0:57:58.403 (00:15:15)
64 , 59 , 63	Male	<b>3098</b>	ΝΙΚΟΛΑΟΣ ΚΟΛΟΚΟΥΤΣΑΣ	-		<b>00:13:55,58</b>	0:29:03.287 (00:15:07)	0:43:07.063 (00:14:03)	0:58:41.187 (00:15:34)
65 , 60 , 64	Male	<b>3013</b>	ΒΑΣΙΛΕΙΟΣ ΚΑΤΣΙΓΙΑΝΝΗΣ	1955	ΑΝΕΞΑΡΤΗΤΟΣ	<b>00:14:25,55</b>	0:29:25.503 (00:14:59)	0:44:30.033 (00:15:04)	0:59:32.693 (00:15:02)
66 , 6 , 65	Female	<b>3095</b>	ΜΑΡΙΝΑ ΦΙΛΙΠΠΟΠΟΥΛΟΥ	-		<b>00:13:56,92</b>	0:28:57.153 (00:15:00)	0:44:10.063 (00:15:12)	0:59:48.060 (00:15:37)
67 , 61 , 66	Male	<b>3033</b>	ΝΙΚΟΣ ΑΘΑΝΑΣΟΡΟΥΛΟΣ	1978		<b>00:15:00,11</b>	0:30:52.947 (00:15:52)	0:46:29.340 (00:15:36)	1:01:04.810 (00:14:35)
68 , 62 , 67	Male	<b>3072</b>	ΖΑΧΟΣ ΔΗΜΗΤΡΗΣ	1985	ΤΡΑΧΙΝΑ	<b>00:14:14,74</b>	0:29:03.690 (00:14:48)	0:44:53.717 (00:15:50)	1:01:13.967 (00:16:20)
69 , 63 , 68	Male	<b>3042</b>	ΚΩΝΣΤΑΝΤΙΝΟΣ ΓΙΑΝΝΑΚΟΠΟΥΛΟΣ	1974	ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ	<b>00:14:11,27</b>	0:30:14.627 (00:16:03)	0:46:16.533 (00:16:01)	1:01:24.687 (00:15:08)
70 , 7 , 69	Female	<b>3088</b>	ΕΛΕΝΗ ΚΩΝΣΤΑΝΤΙΝΟΥ	-		<b>00:14:19,36</b>	0:29:23.567 (00:15:04)	0:45:15.787 (00:15:52)	1:01:44.103 (00:16:28)
71 , 64 , 70	Male	<b>3061</b>	ΔΗΜΗΤΡΙΟΣ ΚΩΝΣΤΑΝΤΙΝΟΥ	1955		<b>00:14:20,67</b>	0:29:23.063 (00:15:02)	0:45:15.283 (00:15:52)	1:01:44.103 (00:16:28)
72 , 65 , 71	Male	<b>3029</b>	ΤΖΙΟΖΕΦ ΜΑΡΙΟΣ ΣΑΒΒΙΔΗΣ	1990		<b>00:14:40,86</b>	0:32:45.537 (00:18:04)	0:49:54.687 (00:17:09)	1:05:15.310 (00:15:20)
73 , 8 , 72	Female	<b>3025</b>	ΔΕΣΠΟΙΝΑ ΠΑΝΑΓΟΠΟΥΛΟΥ	1965		<b>00:14:36,30</b>	0:30:52.947 (00:16:16)	0:48:15.030 (00:17:22)	1:05:54.570 (00:17:39)
74 , 9 , 73	Female	<b>3094</b>	ΕΥΑΓΓΕΛΙΑ ΣΙΓΑΛΑ	-		<b>00:16:17,89</b>	0:32:52.973 (00:16:35)	0:49:57.007 (00:17:04)	1:05:56.600 (00:15:59)
75 , 10 , 74	Female	<b>3096</b>	ΣΤΕΛΛΑ ΣΙΓΑΛΑ	-		<b>00:16:26,30</b>	0:32:55.287 (00:16:28)	0:50:11.907 (00:17:16)	1:06:24.687 (00:16:12)
76 , 11 , 75	Female	<b>3100</b>	ΜΑΡΙΛΙΝΑ ΒΕΡΡΑ	-		<b>00:15:14,36</b>	0:31:51.810 (00:16:37)	0:49:46.070 (00:17:54)	1:06:44.937 (00:16:58)
77 , 12 , 76	Female	<b>3076</b>	ΕΛΕΝΑ ΣΛΑΒΑΚΗ	-	Kalamata Running Project	<b>00:17:03,80</b>	0:37:19.470 (00:20:15)	0:57:57.470 (00:20:38)	-