

Rank	Gen Sex	Gender	BIB	Name	Club	Finish	2350m	2500m	4850m	5000m	6350m	7500m	980m	Finish	
1	1	Male	1116	SPHETOS DIMITRIOS	Vereos J&Boson Running Team	00:33:24.94	00:07:56.64	0:08:20.14(00:23:11)	0:16:38.70(00:27:59)	0:16:52.20(00:20:13)	0:24:48.73(00:27:56)	0:29:20.34(00:20:31)	0:32:48.59(00:20:26)	0:33:24.94(00:20:28)	
2	2	Male	1115	ANESTIS PAPADIMITRIOS	Vereos J&Boson Running Team	00:33:26.94	00:07:56.64	0:08:20.14(00:23:11)	0:16:38.70(00:27:59)	0:16:52.20(00:20:13)	0:24:48.73(00:27:56)	0:29:20.34(00:20:31)	0:32:48.59(00:20:26)	0:33:26.94(00:20:28)	
3	3	Male	1061	FIANNOS PEREAS	STOKOS RUNNING TEAM	00:34:04.94	00:07:56.94	0:10:19.84(00:20:36)	0:16:19.87(00:27:56)	0:16:52.97(00:20:33)	0:25:20.97(00:20:28)	0:29:20.34(00:20:31)	0:32:48.59(00:20:26)	0:34:04.94(00:20:18)	
4	4	Male	1107	ARISTANDROS MITSIKOS		00:34:17.94	00:08:02.24	0:08:29.47(00:20:34)	0:17:16.67(00:28:42)	0:17:52.75(00:20:42)	0:26:48.64(00:20:41)	0:31:12.74(00:20:44)	0:32:48.59(00:20:26)	0:34:17.94(00:20:31)	
5	5	Male	1063	EVASTAS MITRIS	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΕΛΛΑΔΙΝΩΝ	00:34:02.28	00:08:13.54	0:08:29.20(00:20:35)	0:18:21.98(00:28:54)	0:19:00.39(00:20:36)	0:28:01.04(00:20:30)	0:32:48.59(00:20:31)	0:37:30.84(00:20:54)	0:38:02.27(00:20:31)	
6	1	Female	1053	IRINI KAPAREFIDAKI	STOKOS RUNNING TEAM	00:38:40.03	00:09:04.92	0:09:42.77(00:20:27)	0:18:48.20(00:29:60)	0:19:27.04(00:20:36)	0:28:27.44(00:20:36)	-	0:38:02.27(00:20:31)	0:38:40.03(00:20:36)	
7	2	Female	1054	ERIKI KALOU	AFCO	00:39:39.09	00:09:18.80	0:09:42.77(00:20:27)	0:19:49.28(00:29:38)	0:19:49.28(00:29:38)	0:28:02.87(00:20:36)	-	0:38:02.27(00:20:31)	0:39:39.09(00:20:36)	
8	6	Male	1103	KONSTANTINOS PEKATZANAS		00:40:25.53	00:09:07.07	0:09:44.24(00:20:27)	0:19:46.17(00:29:21)	0:19:49.04(00:20:37)	0:28:07.20(00:20:28)	-	0:39:50.97(00:20:31)	0:40:25.53(00:20:36)	
9	7	Male	1114	GEORGIOS KALITZOS	CURVES	00:41:13.25	00:10:12.07	0:10:52.45(00:20:49)	0:20:41.79(00:29:49)	0:21:21.22(00:20:39)	0:30:52.64(00:20:31)	0:31:30.27(00:20:37)	0:40:57.00(00:20:36)	0:41:13.25(00:20:36)	
10	3	Female	1062	ALEXANDRA PERAKI	ΠΕΝΑΙ	00:42:38.95	00:09:24.82	0:10:12.07(00:20:49)	0:19:59.14(00:29:49)	0:20:21.48(00:20:37)	0:29:59.14(00:20:37)	0:31:29.42(00:20:31)	0:41:30.27(00:20:31)	0:42:38.95(00:20:36)	
11	8	11	Male	1125	NIKOLAOS KALITZOS	ΣΚΑ ΠΑΡΑΜΟΡΙΑΣ	00:43:03.09	00:10:50.32	0:10:42.86(00:20:49)	0:20:46.51(00:29:58)	0:21:20.77(00:20:49)	0:31:30.68(00:20:36)	0:32:11.87(00:20:41)	0:42:38.95(00:20:36)	0:43:03.09(00:20:36)
12	9	13	Male	1099	ΔΗΜΗΤΡΗΣ ΚΕΡΕΡ		00:43:22.81	00:09:39.14	0:10:19.84(00:20:49)	0:20:46.60(00:20:44)	0:21:18.73(00:20:43)	0:31:41.80(00:20:23)	0:32:48.59(00:20:31)	0:43:22.81(00:20:36)	
13	10	7	Male	1094	ΧΡΗΣΤΟΣ ΠΑΠΑΔΗΜΗΤΡΗΣ	ΑΝΕΣΦΡΟΝΤΗΣ	00:44:25.22	00:10:00.95	0:11:02.42(00:20:49)	0:22:11.67(00:20:22)	0:22:44.98(00:20:41)	0:32:11.87(00:20:35)	0:33:10.27(00:20:45)	0:44:25.22(00:20:49)	
14	11	13	Male	1022	ΓΕΩΡΓΙΟΣ ΠΑΠΑΓΙΑΝΝΗΣ	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΕΛΛΑΔΙΝΩΝ	00:44:39.06	00:09:48.82	0:10:25.85(00:20:27)	0:20:41.35(00:20:15)	0:21:22.73(00:20:41)	0:32:06.60(00:20:44)	0:33:50.00(00:20:41)	0:44:39.06(00:20:49)	
15	12	14	Male	1102	ΗΛΙΑΣ ΠΕΡΙΒΑΝΤΣ		00:46:26.44	00:10:15.43	0:10:57.27(00:20:41)	0:21:38.70(00:20:56)	0:22:46.77(00:20:41)	0:33:49.87(00:20:11)	0:34:34.83(00:20:44)	0:46:26.44(00:20:49)	
16	13	15	Male	1135	SPHETOS KOSTAS		00:46:29.71	00:10:48.70	0:11:52.00(00:20:49)	0:22:11.67(00:20:49)	0:23:06.70(00:20:42)	0:34:51.64(00:20:41)	0:35:51.64(00:20:41)	0:46:29.71(00:20:49)	
17	14	16	Male	1071	ΜΑΡΙΟΣ ΑΓΓΕΛΗΣ	Box Running Team	00:46:30.34	00:10:49.30	0:11:51.87(00:20:41)	0:22:11.67(00:20:50)	0:23:04.20(00:20:42)	0:34:10.16(00:20:41)	0:34:51.64(00:20:41)	0:46:30.34(00:20:49)	
18	15	2	Male	1096	ΑΝΔΡΕΑΣ ΠΑΠΑΔΗΜΗΤΡΗΣ		00:46:37.03	00:11:21.95	0:12:05.51(00:20:43)	0:22:46.60(00:20:50)	0:23:41.57(00:20:43)	0:34:28.93(00:20:46)	0:35:12.70(00:20:42)	0:46:37.03(00:20:41)	
19	16	17	Male	1056	ΝΙΚΟΛΑΟΣ ΚΑΛΙΤΣΟΣ	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΑΡΓΑΣ	00:47:19.09	00:10:58.64	0:11:52.00(00:20:49)	0:22:11.67(00:20:58)	0:23:11.45(00:20:42)	0:34:25.71(00:20:12)	0:35:11.24(00:20:45)	0:46:37.03(00:20:49)	
20	17	18	Male	1023	ΧΡΗΣΤΟΣ ΚΑΛΙΤΣΟΣ	MAX FT GYM	00:47:50.22	00:10:58.64	0:11:52.00(00:20:49)	0:22:11.67(00:20:58)	0:23:11.45(00:20:42)	0:34:25.71(00:20:12)	0:35:11.24(00:20:45)	0:46:37.03(00:20:49)	
21	18	19	Male	1010	ΓΕΩΡΓΙΟΣ ΚΑΛΙΤΣΟΣ		00:48:12.87	00:09:55.58	0:10:33.43(00:20:27)	0:21:48.67(00:21:13)	0:22:20.26(00:20:43)	0:33:23.44(00:21:53)	0:36:09.87(00:20:46)	0:47:50.22(00:20:31)	
22	19	20	Male	1118	ΓΕΩΡΓΙΟΣ ΚΑΛΙΤΣΟΣ		00:48:17.37	00:10:28.82	0:12:05.60(00:20:45)	0:24:01.98(00:21:28)	0:25:05.66(00:20:46)	0:36:16.80(00:21:13)	0:36:59.87(00:20:47)	0:47:50.22(00:20:49)	
23	20	21	Male	1087	ΕΛΙΝΑΣ ΚΟΥΡΑΣ	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΕΛΛΑΔΙΝΩΝ	00:48:26.74	00:11:19.70	0:12:04.70(00:20:45)	0:23:11.67(00:21:26)	0:24:14.40(00:20:43)	0:34:48.73(00:21:11)	0:36:31.80(00:20:45)	0:47:50.22(00:20:49)	
24	21	22	Male	1067	ΕΛΙΝΑΣ ΚΟΥΡΑΣ	ΑΘΛΗΤΗΣ ΚΑΡΔΙΩΝ ΗΜΕ	00:48:27.15	00:11:19.70	0:12:04.70(00:20:45)	0:23:11.67(00:21:26)	0:24:14.40(00:20:43)	0:34:48.73(00:21:11)	0:36:31.80(00:20:45)	0:47:50.22(00:20:49)	
25	22	23	Male	1121	ΧΑΡΗΣ ΚΟΥΡΑΣ	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΕΛΛΑΔΙΝΩΝ	00:48:33.19	00:10:48.70	0:11:51.87(00:20:43)	0:23:06.70(00:21:36)	0:23:50.05(00:20:45)	0:35:27.80(00:21:32)	0:36:14.50(00:20:46)	0:47:50.22(00:20:49)	
26	23	24	Male	1065	ΓΕΩΡΓΙΟΣ ΚΑΛΙΤΣΟΣ		00:48:36.06	00:11:26.23	0:12:11.80(00:20:45)	0:23:48.67(00:21:48)	0:24:44.88(00:20:43)	0:36:22.54(00:21:17)	0:37:07.88(00:20:43)	0:48:36.06(00:20:37)	
27	24	25	Male	1006	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΡΡΗΣ	AFCO	00:48:56.96	00:11:08.30	0:11:50.70(00:20:42)	0:23:51.00(00:21:27)	0:24:00.79(00:20:44)	0:35:47.40(00:21:44)	0:36:31.80(00:20:45)	0:48:56.96(00:20:49)	
28	25	26	Male	1076	ΔΗΜΗΤΡΗΣ ΒΑΛΙΑΚΑΚΗΣ	WALT + VOLT TEAM	00:48:57.59	00:10:26.33	0:11:02.42(00:20:43)	0:22:55.51(00:21:40)	0:23:39.38(00:20:43)	0:35:41.47(00:21:02)	0:36:29.87(00:20:48)	0:48:57.59(00:20:41)	
29	26	27	Male	1091	ΣΤΑΥΡΟΣ ΣΤΑΥΡΑΚΗΣ		00:48:58.50	00:10:49.79	0:12:01.40(00:20:41)	0:22:22.36(00:21:13)	0:22:26.79(00:20:43)	0:35:41.47(00:21:17)	0:36:29.87(00:20:48)	0:48:58.50(00:20:38)	
30	27	28	Male	1114	ΑΝΔΡΕΑΣ ΠΑΠΑΔΗΜΗΤΡΗΣ	ΣΚΑ ΠΑΡΑΜΟΡΙΑΣ	00:49:01.49	00:11:01.39	0:12:05.60(00:20:43)	0:23:26.37(00:21:50)	0:24:12.01(00:20:43)	0:35:59.80(00:21:47)	0:36:44.20(00:20:44)	0:49:01.49(00:20:43)	
31	28	29	Male	1124	ΓΕΩΡΓΙΟΣ ΣΠΑΝΤΖΟΣ	ΣΚΑ ΠΑΡΑΜΟΡΙΑΣ	00:49:01.49	00:11:24.76	0:12:05.60(00:20:43)	0:23:26.37(00:21:50)	0:24:12.01(00:20:43)	0:35:59.80(00:21:47)	0:36:44.20(00:20:44)	0:49:01.49(00:20:43)	
32	29	30	Male	1073	ΕΥΑΣΤΑΣ ΜΙΤΡΗΣ	Box Running Team	00:49:17.47	00:11:00.95	0:11:47.50(00:20:46)	0:23:26.37(00:21:46)	0:24:11.10(00:20:46)	0:36:17.96(00:21:46)	0:37:01.40(00:20:46)	0:49:17.47(00:20:43)	
33	31	31	Male	1020	ΗΛΙΑΣ ΝΙΚΟΥ ΣΤΥΛΙΟΥ		00:49:17.47	00:11:24.76	0:12:07.67(00:20:42)	0:23:26.37(00:21:49)	0:24:02.61(00:20:43)	0:37:04.74(00:21:22)	0:37:53.46(00:20:48)	0:49:17.47(00:20:43)	
34	32	32	Male	1131	ΕΥΑΣΤΑΣ ΚΑΡΑΓΕΩΡΓΗΣ		00:49:19.09	00:11:55.00	0:12:42.34(00:20:48)	0:24:21.01(00:21:47)	0:25:12.48(00:20:49)	0:37:11.24(00:21:09)	0:38:02.27(00:20:49)	0:49:19.09(00:20:41)	
35	33	33	Male	1099	ΑΝΔΡΕΑΣ ΚΟΥΡΑΣ		00:51:23.02	00:11:46.70	0:12:46.80(00:20:48)	0:25:16.67(00:20:58)	0:26:44.89(00:20:47)	0:37:24.74(00:21:48)	0:38:50.44(00:20:50)	0:51:23.02(00:20:49)	
36	34	34	Male	1094	ΓΕΩΡΓΙΟΣ ΑΣΑΝΑΣΙΟΥΤΑΚΗΣ		00:51:53.96	00:10:55.70	0:11:38.50(00:20:42)	0:23:46.47(00:21:06)	0:24:38.88(00:20:47)	0:37:33.47(00:21:20)	0:38:02.27(00:20:49)	0:51:53.96(00:20:48)	
37	35	35	Male	1066	ΗΛΙΑΣ ΣΙΜΩΝ	AFCO	00:52:07.87	00:12:05.64	0:12:04.70(00:20:48)	0:23:51.00(00:21:48)	0:24:40.49(00:20:47)	0:37:39.24(00:21:50)	0:38:27.80(00:20:47)	0:52:07.87(00:20:49)	
38	36	36	Male	1012	SPHETOS ΗΛΙΑΣ	ΠΕΝΑΙ	00:52:59.91	00:12:49.26	0:13:36.79(00:20:47)	0:26:11.34(00:21:52)	0:27:05.38(00:20:49)	0:39:25.74(00:21:23)	0:40:12.70(00:20:47)	0:52:59.91(00:20:48)	
39	37	37	Male	1104	ΓΕΩΡΓΙΟΣ ΠΑΠΑΔΗΜΗΤΡΗΣ	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΕΛΛΑΔΙΝΩΝ	00:53:16.50	00:12:00.76	0:13:36.79(00:20:46)	0:25:17.99(00:21:30)	0:26:06.82(00:20:47)	0:38:57.99(00:21:52)	0:39:47.14(00:20:49)	0:53:16.50(00:20:48)	
40	38	38	Male	1019	ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΠΑΡΑΜΟΡΙΑΣ	ΣΥΛΛΟΓΟΣ ΑΘΛΗΤΩΝ ΕΛΛΑΔΙΝΩΝ	00:53:18.37	00:12:44.17	0:12:29.54(00:20:46)	0:26:11.34(00:21:44)	0:26:01.04(00:20:49)	0:38:52.80(00:21:46)	0:39:42.80(00:20:49)	0:53:18.37(00:20:48)	
41	39	39	Male	1105	ΓΕΩΡΓΙΟΣ ΣΤΥΛΙΟΥ	FIFTH ELEMENT	00:53:19.56	00:12:57.95	0:13:00.50(00:20:46)	0:26:25.54(00:21:58)	0:26:49.91(00:20:48)	0:39:34.84(00:21:51)	0:40:22.87(00:20:47)	0:53:19.56(00:20:39)	
42	40	40	Male	1106	ΑΡΧΟΝΤΟΣ ΑΡΧΟΝΤΗΣ		00:53:28.46	00:11:49.70	0:12:37.60(00:20:48)	0:26:48.67(00:21:30)	0:26:56.27(00:21:47)	0:38:56.27(00:21:47)	0:39:42.80(00:20:49)	0:53:28.46(00:20:48)	
43	41	41	Male	1130	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΥΡΑΣ		00:53:52.94	00:12:47.04	0:13:36.44(00:20:48)	0:26:31.73(00:21:27)	0:27:05.60(00:20:50)	0:39:48.64(00:21:45)	0:40:22.87(00:20:49)	0:53:52.94(00:20:48)	
44	42	42	Male	1090	ΑΝΔΡΕΑΣ ΚΟΥΡΑΣ		00:54:04.09	00:12:46.30	0:13:36.44(00:20:48)	0:26:48.67(00:21:31)	0:27:06.29(00:20:50)	0:39:41.44(00:21:37)	0:40:31.27(00:20:49)	0:54:04.09(00:20:48)	
45	43	43	Male	1110	ΑΡΧΟΝΤΟΣ ΑΡΧΟΝΤΗΣ		00:54:15.87	00:13:58.02	0:13:42.74(00:20:48)	0:28:34.46(00:21:47)	0:28:34.46(00:21:47)	0:39:54.74(00:21:33)	0:40:46.40(00:20:51)	0:54:15.87(00:20:48)	
46	44	44	Male	1109	ΗΛΙΑΣ ΒΑΛΙΑΚΗΣ		00:54:28.12	00:13:08.96	0:13:59.60(00:20:50)	0:28:34.46(00:21:50)	0:29:24.04(00:20:51)	0:40:31.27(00:20:51)	0:41:22.99(00:20:51)	0:54:28.12(00:20:48)	
47	45	4													