

Rank	Gen-Sex-Cat	Gender	BIB	Name	Club	Finish	2350m	2500m	4050m	5000m	7350m	7500m	9050m	Finish
1, 1, 1	Male		1116	ΧΡΗΣΤΟΣ ΠΑΠΟΥΛΙΑΣ	Veronis Jakobsson/Running Team	00:33:14,94	00:07:56,64	00:08:28,61	00:16:18,79	00:16:52,20	00:24:48,73	00:25:20,35	00:32:45,59	00:33:14,94
2, 2, 2	Male		1115	ΑΝΕΣΤΗΣ ΠΑΠΟΥΛΙΑΣ	Veronis Jakobsson/Running Team	00:33:26,94	00:07:56,64	00:08:29,01	00:16:19,29	00:16:52,20	-	-	00:32:42,94	00:33:26,94
3, 3, 3	Male		1061	ΓΙΑΝΝΗΣ ΚΡΕΚΑΣ	STOKIOS RUNNING TEAM	00:34:04,94	00:07:56,94	-	00:16:19,94	00:16:52,94	00:25:20,94	-	00:32:46,94	00:34:04,94
4, 4, 4	Male		1107	ΑΛΕΞΑΝΔΡΟΣ ΜΠΙΝΕΚΟΣ	-	00:36:17,94	00:08:05,23	00:08:39,55	00:17:21,67	00:17:57,26	00:26:38,85	00:27:13,79	00:35:46,87	00:36:17,94
5, 5, 5	Male		1063	ΕΥΑΓΓΕΛΟΣ ΜΠΕΡΗΣ	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	00:38:02,28	00:08:53,54	00:09:29,20	00:18:23,98	00:19:00,39	00:28:01,04	00:28:36,82	00:37:30,84	00:38:02,28
6, 1, 6	Female		1053	ΒΙΚΗ ΚΑΡΑΓΕΩΡΓΑΚΗ	STOKIOS RUNNING	00:38:40,03	00:09:04,92	00:09:42,11	00:18:48,20	00:19:25,07	00:28:27,42	-	00:38:03,94	00:38:40,03
7, 2, 7	Female		1024	ΒΗΘΛΕΜ ΣΑΠΙΟΥ	ΑΙΓΙΟ	00:39:39,09	00:09:23,98	00:10:01,29	00:19:21,26	00:19:58,54	00:29:48,78	-	00:39:04,94	00:39:39,09
8, 6, 8	Male		1103	ΚΩΝΣΤΑΝΤΙΝΟΣ ΡΕΚΑΤΣΙΝΑΣ	-	00:40:25,53	00:09:07,07	00:09:44,29	00:19:06,17	00:19:44,01	00:30:07,22	-	00:39:50,94	00:40:25,53
9, 7, 9	Male		1114	ΘΑΝΑΣΗΣ ΚΟΥΤΟΥΛΑΣ	CURVES	00:41:32,25	00:10:12,07	00:10:52,45	00:20:41,80	00:21:21,23	00:30:52,65	00:31:30,37	00:40:57,18	00:41:32,25
10, 3, 10	Female		1062	ΑΓΓΕΛΙΚΗ ΓΥΡΕΜΟΥ	ΠΕΝΔΙ	00:42:28,96	00:09:34,92	00:10:13,61	00:19:54,13	00:20:31,98	00:30:59,15	00:31:39,44	00:41:50,85	00:42:28,96
11, 8, 11	Male		1064	ΜΙΧΑΗΛ ΠΑΝΤΖΗΣ	ΑΙΓΙΟ	00:42:32,06	00:10:07,94	00:10:57,94	00:30:50,94	00:31:31,94	-	-	00:41:53,94	00:42:32,06
12, 9, 12	Male		1125	ΝΙΚΟΛΑΟΣ ΚΑΤΣΟΣ	ΣΚΑ ΠΑΡΑΜΥΘΙΑΣ	00:43:03,09	00:10:02,32	00:10:42,48	00:20:40,51	00:21:20,77	00:31:30,69	00:32:11,87	00:42:24,65	00:43:03,09
13, 10, 13	Male		1099	ΔΗΜΗΤΡΗΣ ΚΕΦΗΣ	-	00:43:22,81	00:09:39,14	00:10:19,88	00:20:34,86	00:21:18,73	00:31:41,81	00:32:24,37	00:42:46,40	00:43:22,81
14, 11, 1	Male		1094	ΚΥΡΙΑΚΟΣ ΤΣΑΚΑΥΤΣΙΔΗΣ	ΑΝΕΛΑΡΤΗΤΟΣ	00:44:07,22	00:10:00,95	00:10:41,20	00:21:03,61	00:21:44,98	00:32:17,44	00:33:00,25	00:43:26,34	00:44:07,22
15, 12, 14	Male		1022	ΘΕΟΔΩΡΟΣ ΠΑΠΑΓΙΑΝΝΗΣ	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	00:44:39,06	00:09:48,82	00:10:25,95	00:20:41,36	00:21:22,73	00:32:08,96	00:32:50,03	00:43:58,81	00:44:39,06
16, 13, 15	Male		1102	ΗΛΙΑΣ ΡΕΙΒΑΝΗΣ	-	00:46:26,44	00:10:15,43	00:10:57,23	00:21:53,39	00:22:34,64	00:33:49,84	00:34:34,81	00:45:44,18	00:46:26,44
17, 14, 16	Male		1135	00:46:29,71	00:10:49,70	00:11:32,07	00:22:21,83	00:23:04,76	00:34:10,46	00:34:51,66	00:45:47,56	00:46:29,71	00:46:29,71	00:46:29,71
18, 15, 17	Male		1071	ΜΑΡΙΟΣ ΛΥΤΣΚΑΣ	Bikos Running Team	00:46:30,34	00:10:49,70	00:11:31,55	00:22:21,83	00:23:04,20	00:34:10,31	00:34:51,66	00:45:47,56	00:46:30,34
19, 16, 2	Male		1096	ΑΝΕΣΤΗΣ ΤΣΙΑΡΤΣΙΑΝΙΔΗΣ	-	00:46:37,03	00:11:21,95	00:12:05,51	00:22:56,45	00:23:41,58	00:34:28,03	00:35:12,19	00:45:55,13	00:46:37,03
20, 17, 18	Male		1056	ΒΑΣΙΛΕΟΣ ΚΥΣΙΟΣ	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	00:47:18,69	00:10:50,64	00:11:32,73	00:22:31,23	00:23:13,45	00:34:25,72	00:35:11,24	00:46:36,59	00:47:18,69
21, 18, 19	Male		1029	ΧΡΗΣΤΟΦΟΡΟΣ ΤΣΟΥΜΑΣ	-	00:47:50,22	00:10:28,55	00:11:11,42	00:23:00,17	-	00:34:41,94	00:35:27,53	00:47:05,37	00:47:50,22
22, 19, 20	Male		1010	ΓΕΩΡΓΙΟΣ ΓΚΟΓΚΟΣ	ΜΑΧ HIT GYM	00:48:12,87	00:09:55,58	00:10:33,42	00:21:46,64	00:22:30,26	00:35:23,43	00:36:09,84	00:47:33,09	00:48:12,87
23, 20, 21	Male		1118	ΓΕΩΡΓΙΟΣ ΒΑΣΙΛΕΥ	-	00:48:17,37	00:12:04,82	00:12:50,64	00:24:18,98	00:25:03,67	00:36:16,91	00:36:59,25	00:47:36,49	00:48:17,37
24, 4, 22	Female		1017	ΑΡΙΣΤΕΑ ΚΟΡΔΑ	-	00:48:25,25	00:10:58,64	00:11:41,80	00:23:13,49	00:23:56,95	00:35:22,97	00:36:07,87	00:47:41,52	00:48:25,25
25, 21, 3	Male		1089	ΠΑΝΑΓΙΩΤΗΣ ΣΙΑΝΑΣ	ΣΔΙ	00:48:26,74	00:11:19,70	00:12:04,76	00:23:31,35	00:24:16,42	00:35:48,27	00:36:33,87	00:47:41,22	00:48:26,74
26, 22, 23	Male		1067	ΙΩΑΝΝΗΣ ΓΟΥΣΙΑΣ	ΟΡΕΜΕΙΣ ΝΕΑΓΡΟΦΩ-ΝΙΡΤ	00:48:27,15	00:11:19,26	00:12:04,39	00:23:31,86	00:24:16,01	00:35:48,78	00:36:33,90	00:47:41,22	00:48:27,15
27, 23, 24	Male		1121	ΛΑΖΑΡΟΣ ΦΟΤΟΥ	ΣΥΛΛΟΓΟΣ ΔΡ ΙΩΑΝΝΙΝΩΝ	00:48:33,19	00:10:48,76	00:11:33,42	00:23:09,70	00:23:55,05	00:35:27,91	00:36:14,03	00:47:51,24	00:48:33,19
28, 24, 25	Male		1065	ΓΕΩΡΓΙΟΣ ΚΩΣΤΟΥΛΑΣ	-	00:48:50,06	00:11:26,23	00:12:11,35	00:23:59,67	00:24:44,89	00:36:22,56	00:37:07,68	00:48:12,50	00:48:50,06
29, 25, 26	Male		1006	ΚΩΝΣΤΑΝΤΙΝΟΣ ΡΑΡΦΑΣ	ESCO	00:48:56,96	00:11:08,10	00:11:50,39	00:23:18,04	00:24:02,73	00:35:47,34	00:36:33,28	00:48:13,00	00:48:56,96
30, 26, 27	Male		1076	ΔΗΜΗΤΡΗΣ ΒΑΣΙΛΑΚΑΚΗΣ	WATT + VOLT TEAM	00:48:57,59	00:10:26,33	00:11:10,27	00:22:55,51	00:23:39,39	00:35:41,47	00:36:29,87	00:48:16,24	00:48:57,59
31, 27, 4	Male		1091	ΣΤΑΥΡΟΣ ΣΤΑΜΟΥΛΗΣ	-	00:48:58,50	00:10:45,79	00:11:27,01	00:22:42,10	00:23:25,80	00:35:43,18	00:36:29,49	00:48:20,43	00:48:58,50
32, 28, 28	Male		1111	ΙΩΑΝΝΗΣ ΣΥΡΜΑΚΕΣΗΣ	-	00:48:58,81	00:11:21,49	00:12:05,48	00:23:17,57	00:24:01,32	00:35:43,22	00:36:28,96	00:48:18,56	00:48:58,81
33, 29, 29	Male		1134	ΑΝΔΡΕΑΣ ΠΑΛΙΤΣΑΣ	-	00:49:20,06	00:11:01,39	00:11:45,39	00:23:26,36	00:24:12,01	00:35:59,81	00:36:44,43	00:48:36,94	00:49:20,06
34, 30, 30	Male		1124	ΘΕΟΔΩΡΟΣ ΦΡΑΝΤΣΕΛΑΣ	ΣΚΑ ΠΑΡΑΜΥΘΙΑΣ	00:49:31,40	00:11:24,76	00:12:10,51	00:23:44,51	00:24:31,17	00:36:17,96	00:37:04,00	00:48:51,59	00:49:31,40
35, 31, 31	Male		1073	ΕΥΑΓΓΕΛΟΣ ΓΚΟΓΚΟΣ	Bikos Running Team	00:50:06,15	00:11:00,58	00:11:47,54	00:23:32,29	00:24:21,92	00:36:26,84	00:37:14,59	00:49:18,71	00:50:06,15
36, 32, 32	Male		1020	ΗΛΙΑΣ ΝΙΚΟΥ ΣΤΥΛΟΥ	-	00:50:17,47	00:11:24,70	00:12:07,61	00:23:57,23	00:24:42,61	00:37:04,75	00:37:53,46	00:49:33,71	00:50:17,47
37, 33, 33	Male		1131	ΕΥΑΓΓΕΛΟΣ ΚΑΤΣΑΝΟΣ	-	00:51:12,09	00:11:55,02	00:12:40,38	00:24:27,51	00:25:12,49	00:37:13,21	00:38:02,28	00:50:30,15	00:51:12,09
38, 34, 34	Male		1059	ΑΝΔΡΕΑΣ ΒΟΖΙΚΗΣ	-	00:51:23,02	00:11:02,32	00:11:46,98	00:23:56,01	00:24:43,89	00:37:24,74	00:38:15,65	00:50:40,47	00:51:23,02
39, 35, 35	Male		1054	ΘΕΟΔΩΡΟΣ ΑΘΑΝΑΣΟΠΟΥΛΟΣ	-	00:51:53,96	00:10:55,70	00:11:38,54	00:23:45,48	00:24:32,98	00:37:53,44	-	00:51:05,94	00:51:53,96
40, 36, 36	Male		1066	ΗΛΙΑΣ ΔΗΜΟΣ	ΑΙΓΙΟ	00:52:01,87	00:11:20,64	00:12:04,98	00:23:53,36	00:24:40,48	00:37:39,87	00:38:27,56	00:51:16,81	00:52:01,87
41, 37, 37	Male		1012	ΧΡΗΣΤΟΣ ΗΝΑΣ	ΠΕΝΔΙ	00:52:59,91	00:12:49,26	00:13:36,73	00:26:13,13	00:27:02,39	00:39:25,77	00:40:12,84	00:52:16,56	00:52:59,91
42, 38, 38	Male		1104	ΓΕΩΡΓΙΟΣ ΓΙΑΝΝΙΚΟΣ	-	00:53:16,50	00:12:00,76	00:12:47,39	00:25:17,95	00:26:05,82	00:38:58,00	00:39:47,31	00:52:27,97	00:53:16,50
43, 39, 39	Male		1019	ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΠΑΡΜΠΙΣΗΣ	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	00:53:18,37	00:11:44,17	00:12:29,57	00:25:13,58	00:26:03,04	00:38:52,93	00:39:49,20	00:52:31,06	00:53:18,37
44, 40, 40	Male		1105	ΓΕΩΡΓΙΟΣ ΤΣΟΥΜΑΚΑΣ	FIFTH ELEMENT	00:53:19,56	00:12:17,95	00:13:00,54	00:25:58,54	00:26:42,91	00:39:34,87	00:40:22,69	00:52:40,21	00:53:19,56
45, 41, 41	Male		1106	ΑΠΟΣΤΟΛΟΣ ΔΡΟΣΟΣ	-	00:53:28,46	00:11:49,70	00:12:37,95	00:26:08,67	00:26:58,28	00:39:34,87	-	00:52:41,94	00:53:28,46
46, 42, 42	Male		1130	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΩΣΤΑΣ	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	00:53:52,84	00:12:47,04	00:13:35,63	00:26:13,13	00:27:03,61	00:39:48,84	00:40:37,68	00:52:59,31	00:53:52,84
47, 43, 5	Male		1087	ΔΙΜΗΤΡΗΣ ΧΑΛΙΑΣΟΣ	-	00:53:55,88	00:11:18,14	00:12:04,51	00:24:59,26	00:25:47,70	00:39:02,00	00:39:50,93	00:53:13,66	00:53:55,88
48, 44, 43	Male		1030	ΓΕΩΡΓΙΟΣ ΤΣΟΥΦΗΣ	-	00:54:04,09	00:12:46,10	00:13:36,23	00:26:13,58	00:27:04,29	00:39:41,34	00:40:31,28	00:53:16,46	00:54:04,09
49, 45, 44	Male		1110	ΑΘΑΝΑΣΙΟΣ ΣΑΡΡΑΣ	-	00:54:15,87	00:11:55,02	00:12:43,73	00:25:31,45	00:26:21,80	00:39:54,71	00:40:46,41	00:53:35,53	00:54:15,87
50, 46, 45	Male		1109	ΗΛΙΑΣ ΒΑΣΙΛΕΙΟΥ	-	00:54:28,12	00:13:08,96	00:13:59,61	00:26:54,79	00:27:46,04	00:40:31,46	00:41:23,00	00:53:39,87	00:54:28,12
51, 47, 46	Male		1119	ΓΕΩΡΓΙΟΣ ΛΥΠΕΡΗΣ	-	00:54:43,72	00:12:40,70	00:13:31,32	00:26:37,02	00:27:25,64	00:40:01,09	00:40:49,91	00:53:56,81	00:54:43,72
52, 48, 47	Male		1126	ΠΟΤΑ ΤΣΕΚΟΥΡΑ	ΣΚΑ ΠΑΡΑΜΥΘΙΑΣ	00:55:02,43	00:13:43,35	00:26:24,51	-	00:40:15,94	00:41:06,50	00:54:18,94	00:55:02,43	00:55:02,43
53, 5, 6	Female		1085	ΚΩΝΣΤΑΝΤΙΝΑ ΧΡΗΣΤΟΓΕΩΡΓΟΥ	ΠΕΝΔΙ	00:55:07,43	00:12:45,17	00:13:34,86	00:26:33,73	00:27:24,70	00:40:41,50	00:41:34,74	00:54:24,68	00:55:07,43
54, 6, 7	Female		1086	ΕΜΕΝΗ ΓΕΡΟΝΤΑ	ΠΕΝΔΙ	00:55:07,43	00:12:45,17	00:13:34,86	00:26:34,20	00:27:25,19	00:40:41,46	00:41:35,09	00:54:24,68	00:55:07,43
55, 49, 48	Male		1080	ΑΝΝΑ ΤΣΕΠΗ	-	00:55:45,34	00:12:03,20	00:12:50,77	00:25:53,26	00:26:41,36	00:41:14,03	00:42:06,15	00:54:59,44	00:55:45,34
56, 50, 8	Male		1093	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΛΙΟΣ	-	00:55:51,69	00:11:25,20	00:12:10,95	00:26:02,98	00:26:46,92	00:40:29,62	00:41:16,56	00:55:03,75	00:55:51,69
57, 51, 49	Male		1016	ΒΑΣΙΛΕΙΟΣ ΚΟΛΥΦΟΥΡΗΣ	-	00:56:15,37	00:12:30,54	00:13:19,48	00:26:30,70	00:27:19,60	00:40:53,03	00:41:47,09	00:55:28,00	00:56:15,37
58, 52, 50	Male		1079	ΜΙΧΑΗΛ ΤΣΕΠΗΣ	WV	00:57:47,56	00:12:03,60	00:12:49,61	00:25:53,73	00:26:41,73	00:41:14,03	00:42:06,55	00:56:58,03	00:57:47,56
59, 53, 51	Male		1057	ΔΗΜΗΤΡΗΣ ΧΡΗΣΤΟΠΟΥΛΟΣ	ΣΔΙ	00:58:20,38	00:13:21,39	00:14:13,83	00:27:47,45	-				